



# Montessori Sports

## Montessori Football

- Montessori sports builds upon the philosophical connection between the Montessori philosophy and working with children in sports.
- Integrates more sports within the educational curriculum and enhances the child's learning abilities.
- Sport stimulates the development and cooperation of the two hemispheres of the brain due to the emphasis on coordination, balance, use of objects and social skills that are required to play.
- Enhances the learning environment of children by offering football activities, materials and observation.
- Continually improves skills of the community of learners.
- Connects the global network of Montessori Football in schools.

Traditional Football	Montessori Football
Coach is central	Child is central
Calendar age	3 year cycles
Children follow instructions	Peer to peer learning
Coaches are instructors	Coaches are guides/observers
Final score of the game	Observations on development
Boys over represented	Boys and girls equally represented

Blue Gum Montessori School has a trained Montessori Sports Teacher

*With Montessori at the core... "tennis, football, and the like, do not have for their sole purpose the accurate moving of the ball, but they challenge us to acquire a new skill - something lacking before - and this feeling of enhancing our abilities is the real core of our delight in the game"*

Maria Montessori, The Absorbent Mind (Chapter 17)

